



DEEP CLEANING

Checklist

BEDROOMS

- Fix bed
- Fold clothes and arrange in the closet
- Pick up used clothes and put it in the laundry
- _____
- _____
- _____
- _____

LIVING AREAS

- Declutter
- Vacuum and sweep if needed
- Straighten throw pillows
- Clear desks of unnecessary items
- Throw away old papers and notes
- Organize bills
- _____
- _____
- _____
- _____

BATHROOM

- Wipe the toilet seat
- Wipe off shower and bathtub
- Clean mirrors and countertop
- Change dirty towels
- _____
- _____
- _____

KITCHEN

- Sweep and pick up crumbs on the floor
- Wash and put away the dishes
- Clean sink
- Wipe down countertops and table
- Store leftovers properly
- Take out trash
- _____
- _____
- _____
- _____

OTHERS

- Check mail
- Bring deliveries and packages in
- Do one load of laundry
- Sweep the porch
- _____
- _____
- _____

DAILY

Cleaning Checklist

DAILY

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- Wipe and clear counters
- Make beds
- Wash and dry dishes
- Do one load of laundry
- Take out trash
- Clean sink and kitchen floors in the evening

MONDAY *(bathroom)*

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- Scrub toilets
- Clean sinks, mirrors and counters
- Clean showers and bath tubs
- Replace towels and wash bath rugs
- Mop and sweep floors
- Take out the trash
- Throw away old and empty bottles

TUESDAY *(living room)*

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- Dust and straighten shelves and cabinets
- Vacuum, sweep and mop
- Wash and clean windows and blinds
- Organize toys and declutter

WEDNESDAY *(kitchen)*

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- Clean stove and microwave
- Scrub and clean counters and sink
- Wipe and disinfect fridge and freezer
- Scrub, sweep and mop floors

THURSDAY *(bedroom)*

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- Dust and vacuum
- Change sheets and pillow cases
- Sort dirty laundry
- Clean windows, blinds, and curtains
- Straighten closets and drawers

FRIDAY *(other rooms)*

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- Dust and vacuum
- Straighten shelves, desks and drawers
- Clean washer and dryer
- Dust ceiling fans and light fixtures

WEEKEND *(outdoor)*

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- Sweep porch and patio
- Organize garage
- Mow the lawn and take out weeds
- Clean out the car

MISC

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- _____
- _____
- _____

WEEKLY

Cleaning Checklist

KITCHEN

- Clean and descale coffee maker
- Wipe off small appliances
- Clean fridge and freezer
- Deep clean stove burners
- Wipe off kitchen cabinets
- Scrub and deep clean sink and faucet
- Cycle clean washer and dishwasher

BATHROOMS

- Wash and change shower curtain
- Clean and update medicine cabinet
- Declutter under bathroom sinks
- Clean shower head and faucets

LIVING AREA

- Declutter shelves and drawers
- Wash and change throw pillows
- Vacuum and disinfect rugs and carpets
- Wash and change curtains

OTHERS

- Declutter and sort out garage
- Organize storage/basement/ attic
- Wash windows
- Switch plates and other cutlery
- Defrost and deep clean freezer
- Wash area rugs
- Clean out dryer vent
- Disinfect all trash cans
- Dust walls and ceiling corners for cobwebs
- Sweep out fireplace
- Vacuum all furniture
- Wipe all doors, chair rails, moldings
- Dust light fixtures and lamp shades
- Throw away outdated files and papers
- Clean window tracks

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MONTHLY
Cleaning Checklist