

How to get beautiful skin

TIPS FROM BEAUTY EXPERT

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- 1** **Keep hot showers short and sweet.** Steaming hot water can really dry out your skin, so convince yourself to enjoy a slightly lukewarm temperature and buy yourself an extra 2 or 3 minutes of blissful bathing.
- 2** Pesky dry elbows? **Take a lemon, cut it in half, and lay each half face up on a flat surface.** Then, sink your elbows into them. After about 20 seconds, your dry skin will disappear. Added bonus- the subtle citrus fresh scent lingers.
- 3** Be patient. **Pat your moisturizer into your skin instead of rubbing it on** (better absorption, less tugging on the skin) and give it a good minute to soak into the skin before you move on to the next step of your makeup routine.
- 4** Make a Difference. Sleeveless season upon us, so opt for a body wash that will **make an actual difference in the way your skin looks**- like Dove® VisibleCare™ Crème Body Wash. This way, beautiful skin becomes part of your daily shower routine- simple and efficient, two of my favorite words when it comes to beauty.